|  |  |  |
| --- | --- | --- |
|  |  |  |
| Registration form Winter retreat at Ripa International Center From 27/12/2015 to 03/01/2016 |  | Ripa International CenterLandguet Ried,Hilfligweg 10, CH-3172Niederwangen (Bern)  |
|  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| You may either complete the form below by hand and send it by post, or fill it out directly on your computer and send it to: registration@ripa-international.com.CONTACT INFORMATION

| Last Name |       |
| --- | --- |
| **First Name** |       | [ ] M [ ]  F |
| **Street + Zip code + City/State** |       |
| **Country** |       |
| **E-mail address** |       |
| **Phone****number** |       |
| **Name and age of child** |       |
| **Name and age of child** |       |

RETREAT FEES (please indicate your choice)

|  |  |  |
| --- | --- | --- |
|  | Member (PL, SH, RL, RR) | Nonmember |
| Participation to the teachings | [ ]  175€ /190CHF  | [ ]  230€ / 250CHF  |

*Minimum fees to support the costs at a price that is affordable for all – Depending on your financial situation, any higher contribution is most welcome. Thank you!*MEMBERSHIP (please mark)

|  |  |
| --- | --- |
| I am already a member of[ ]  Padma Ling (PL) [ ]  Ripa Ladrang (RL), [ ]  Ripa Russia (RR)[ ]  Shambhala (SH) | [ ]  I am a RIC supporter |

[ ]  I would like to become a Ripa member. Please send me an admission form to the above mentioned address.ACCOMmODATION: Food and lodging are offered as a package.Men and women shall be accommodated separately, except for a couple or upon request to be with a specific friend. I would like to share my room with:

|  |  |
| --- | --- |
| **LLODGING** | **27.12.15 – 03.01.16 7 nights** |
| Prices in Euro or Swiss francs (CHF) \*\* | [ ]  Half- board\* | [ ]  Full- board\* |
| [ ]  Hotel room with private bath / 2 beds | 552 € / 608 CHF | 615 € / 678 CHF |
| [ ]  Standard room with shared bath/ 1 bed | 616 € / 679 CHF | 679 € / 749 CHF |
| [ ]  Standard room with shared bath/ 2 or 3 beds  | 497 € / 546 CHF | 560 € / 616 CHF |
| [ ]  Dormitory | 264 € / 291 CHF | 327 € / 361 CHF |

[ ]  I would like to rent bed linens: 6 CHF / 5 € a week [ ]  I have half-board, but would exceptionally like to eat on the evening of 27/12 for an additional 10 CHF / 9 €[ ]  I have half-board, but would exceptionally like to have lunch on 03/01 for an additional 13 CHF / 12 €For people with a low income, a financial reduction is possible. Please send us your application by E-mail and attach the necessary documents.MEALS: **All meals are vegetarian.**Half-board: breakfast, lunch or Full-board: breakfast, lunch, dinner. Do you suffer from any food allergies or sensitivities? If so, which one[ ]  Gluten [ ]  Lactose [ ]  Vegan Others      CHILDREN’S FOOD AND LODGINGChildren: No charge up to 5 years. 50 % for children up to 9 years. 70 % for children from 10 to 16 years. I would like to get in contact with other parents for daily child care during the day [ ]  yes, for (names of children)       /no [ ] Karmayoga : Please note that all participants are expected to contribute to the organization and well-being of the community.During the retreat, I offer my help for:[ ]  Lamaseva (household and service of Rinpoches) [ ]  Dharmaseva (rituals and Gompa household) [ ]  Sound [ ]  Shop[ ]  Household (general cleaning; kitchen help)Before or after retreat: [ ]  1-2 days before retreat [ ]  1-2 days after retreatWe will select a volunteer team and contact you in advance.At the end of the retreat, each participant is required to remove the bed linens and put fresh ones on the bed in their place.TRANSLATION : I don’t understand English and need a translation into my language, which is:       [ ]  I would like to use a translation headset for a deposit of 50 €/ 50 CHF (payable on-site and to be recovered at the end of the retreat). TRAVEL INFORMATION :* + **ARRIVAL** : Date      \* Time:      \*
	+ **DEPARTURE** : Date      \* Time:      \*

[ ]  **I’m travelling by train and need a shuttle service from Niederwangen** (Please precise the exact time of arrival and departure otherwise we will be unable to come and pick you up.) – To be re-confirmed by E-Mail.[ ]  **I’m travelling by car** from       and have extra place for       (number of persons).PAYMENTPlease fill in:

|  |  |  |
| --- | --- | --- |
| Total amount of fees **for seminar** |       **€** |       **CHF** |
| Total amount of fees for **accommodation** |       **€** |       **CHF** |
| Monthly contribution for **« Ripa Supporter Program »** |       **€** |       **CHF** |
| **I deduct this supporter amount from the retreat fees** | [ ]  **yes** | [ ]  **no** |
| **I offer this amount to financially less privileged people** | [ ]  **yes** | [ ]  **no** |
| By example, if the amount of your monthly contribution is 50 € / you can deduct 50 € from the retreat fees, 2 times a year (summer retreat and winter retreat). |
| Total amount for food and lodging for children |       **€** |       **CHF** |
| I would like to rent bed linens for an amount of  |       **€** |       **CHF** |
| I have half-board, but would like to attend dinner on the 27/12 at 6.30 P.M. |       **€** |       **CHF** |

I transfer       CHF (retreat) and       CHF (accommodation) =       CHF I transfer       € (retreat) and       € (accommodation) =       € Use SEPA TRANSFER to avoid additional costs. Checks will not be acceptedAccount holder: RIPA INTERNATIONAL CENTER / Hilfligweg 10 / CH-3172 Niederwangen Name of Bank: UBS / Postfach, 8098 ZürichSWIFT/BIC: UBSWCHZH80A Clearing: 0235For transfer in Euro from Europe or other countries:IBAN: CH77 0023 5235 1309 4260 M For transfer in Swiss Francs from Switzerland:IBAN: CH12 0023 5235 1309 4201 B PERMISSION FOR USE OF photos : I give authorization to the organization to use for non-commercial public distribution all images taken in the activities at the Center as well as the recordings and publishing of photographs for both internal and external use in flyers and on the website of RIPA [ ]  yes [ ]  no Date:      Signature:      |  | **General Information** **The retreat is open to all. It starts at 4 P.M. on 27/12/2015 and ends after breakfast on 03/01/2016.****Closing date for registration: 07/12/15.****Retreat rules*** **The retreat will be attended in its entirety.**
* **Silence will be required at certain times of the day.**
* **All participants shall refrain from sexual activities, alcohol, tobacco and drugs.**
* **It is advisable not to kill (even insects etc.).**
* **For security reasons, lighting candles and burning incense in the rooms are not allowed.**

**Details and information about Board:****Hotel rooms with private bathroom: Rooms in the main house.** **Bed linens and bath towels are included.****Standard room with shared bath (1 to 3 beds): Rooms in the main house and in the brick house. Some have a sink inside the room. Toilets and showers are shared in common. Bed linens and bath towels are included.** **Dormitory: Either on the top floor of the main house, in the old gompa, or in « Stöckli ». Shared toilets and showers. Bed linens and towels are not** **included.****Family:****Unaccompanied minors must provide written parental consent.****All families are welcome, but parents are responsible for the care of their children. They should organize the childcare amongst themselves.****Help and Participation in community tasks:*** **All participants are expected to contribute to the common tasks.**

**Please, specify the field where you want to help.*** **Those who can arrive before December 27 are welcome to help with the necessary preparations. Ripa International will bear the costs of meals and accommodation and, if possible, will offer transport from the train station in Niederwangen to the center. Many thanks for those who will be able to participate to tidying and cleaning up at the end of the retreat.**

**Translation****Sessions will be in English with simultaneous translation in French, in Spanish, in Russian and in German.****PAYMENT:** **Retreat fees must be paid fully upon registration (100%).****The lodging fees may be paid fully (100%) or a deposit of 50% (the remaining 50% must be paid upon arrival).** **CANCELLATION:****Please, refer to the cancellation conditions indicated in the practical information.****With my signature I agree to the circumstances and to the conditions, as indicated on both the registration form and in the detailed flyer.** **Your registration will be confirmed by letter or by mail as soon as the registration form and the payment have been received.** |